

Knowledge Check

Check your knowledge about what to do during an earthquake. For each question, choose A or B and circle the correct response. When you have finished, check your responses using the answer key.

What action should you take during an earthquake? The answer varies by where you are when an earthquake strikes. For each situation, pick the best course of action from the choices given.

1. At home:
 - A. Stay inside.
 - B. Go out to the street.
2. In bed:
 - A. Stand by a window to see what is happening.
 - B. Stay in bed and protect your head with a pillow.
3. In any building:
 - A. Stand in a doorway.
 - B. Crouch in an inside corner away from the exterior wall.
4. On the upper floor of an apartment building:
 - A. Take the elevator to the ground floor as quickly as possible.
 - B. Stay in an interior room under a desk or table.
5. Outdoors:
 - A. Run into the nearest building.
 - B. Stay outside



Answer key: 1. A.; 2. B.; 3. B.; 4. B.; 5. B.

For preparedness information,
contact:

Federal Emergency Management Agency (FEMA):
www.ready.gov

Oregon Emergency Management:
503-378-2911
www.oregon.gov/OMD/OEM

Citizen Corps:
www.citizencorps.org

American Red Cross:
503-284-1234
<http://oregonredcross.org>

Yamhill County / Office of Emergency Management:
www.co.yamhill.or.us/emerg_mgmt/index.org



*Yamhill County / Office of
Emergency Management*

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Earthquake!

**The Basics You Need
to Know**

*Yamhill County / Office of
Emergency Management*

What should I do?

First of all, stay calm. What you do next depends on where you are:



DROP, COVER, and HOLD ON until the shaking stops.

INSIDE: Stay there! DROP and take COVER under a sturdy table or other furniture. HOLD ON to it and stay put until the shaking stops. If there isn't a table

or desk available, cover your face and head with your arms and crouch against an inside wall. Stay clear of windows, fireplaces, or anything else that could fall and injure you.

OUTSIDE: Get into the OPEN, away from buildings, trees, power lines, chimneys or anything else that could fall on you.

DRIVING: Stop carefully, moving your car as far out of the normal traffic pattern as you safely can. DO NOT stop under or near any structures or objects that could fall on you, such as bridges, overpasses, utility lines, trees or light poles. Stay inside your car until the shaking stops. Proceed cautiously when you start driving again, being alert for road or bridge damage.

Mountainous area: Be alert for falling rocks, trees, or landslides that could be loosened by quakes.

Disaster Plan

The shaking has stopped. Now what?

Aftershocks

Be prepared for aftershocks; these secondary shockwaves are usually less violent than the main quake, but they can cause additional damage to structures.

Check for injuries

Seek medical help for serious injuries. If you are trapped, tap on a pipe or wall, or use a whistle to help rescuers find you. Shout only as a last resort.

Check for hazards

Fires need to be put out immediately; call for help. Shut off main gas valves ONLY if you suspect a leak because of broken pipes or odor; gas service must be turned back on by the gas utility. Shut power off at the control box if there is danger to house wiring. Clean up spills, including household chemicals and medications. Do not use a damaged chimney; a fire could start or poisonous gases could be released into the house. Use caution when opening cupboards; items could come tumbling off shelves.



Put fires out immediately.

Out-of-state contact

Call your out-of-state contact and go to your safe meeting place, if family members are not home or your house is not safe.

72-Hour Kit

A major earthquake will likely overwhelm local law enforcement, fire, and emergency medical personnel and resources. It may take several days or a week or more for help to come, especially in more rural areas. You need to be prepared to take care of yourself and your family until relief arrives. Part of this preparation is having a disaster kit for your household.

Store your kit in an easily accessible location, preferably outdoors, in a large, water-tight, easily-moved container. Replace perishable items like water, food, medications and batteries yearly.

Some basics of a kit include:

- Water (at least one gallon per day for each person and pet)
- Canned and packaged food
- Cooking utensils and a manual can opener
- Heavy duty plastic bags
- Portable or hand-cranked radio with batteries
- Flashlights or light sticks
- Comfortable, warm clothing
- Blankets and/or sleeping bags
- Copies of vital documents

Visit the links on the back for more info.



Have a disaster kit in your car as well as at home and at work.

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